



Speech & Language Development Chart (0–6 Years)

a simplified reference for parents, by **Soulnest**

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Speech & Language Development Chart (0-6 Years)

Months	Hearing & Understanding	Speaking & Expressing	Social Interaction
0-1 yrs	<ul style="list-style-type: none"> • Responds to sounds • Turns toward voices • Enjoys music and speech 	<ul style="list-style-type: none"> • Coos, gurgles • Babbles: ba-ba, ma-ma • Laughs aloud 	Smiles when spoken to- Expresses comfort or discomfort
1-2 yrs	<ul style="list-style-type: none"> • Follows simple 1-step commands • Points to body parts • Understands names of familiar things 	<ul style="list-style-type: none"> • Says 10-50 words • Begins 2-word phrases: more milk- Uses gestures (wave, nod) 	Shows interest in other children- Initiates basic play
2-3 yrs	<ul style="list-style-type: none"> • Follows 2-step directions • Understands "in," "on," "under" • Points to pictures when named 	<ul style="list-style-type: none"> • 200+ words • 2-3 word sentences- Asks simple questions: what's that? 	Joins group play- Imitates adults and peers
3-4 yrs	<ul style="list-style-type: none"> • Understands longer sentences • Understands time words: now, later • Remembers parts of a story 	<ul style="list-style-type: none"> • Uses full sentences (4-5 words) • Clear speech, 75-90% intelligible- Talks about daily activities 	Takes turns in conversation- Begins cooperative play
4-5 yrs	<ul style="list-style-type: none"> • Understands opposites, sequence • Follows 3-step instructions • Understands humor 	<ul style="list-style-type: none"> • Tells stories- Uses grammar (plurals, tenses) • Asks "why," "how," "what if" 	Develops friendships- Expresses empathy or concern
5-6 yrs	<ul style="list-style-type: none"> • Understands detailed instructions • Understands abstract ideas like same/ different • Follows group conversations 	<ul style="list-style-type: none"> • Speaks fluently- Uses descriptive language • 100% intelligible to unfamiliar adults 	<ul style="list-style-type: none"> • Maintains topic in conversations • Resolves simple conflicts with words

♥ Reminder for Parents:

Every child is unique.

Slight delays are normal. If your child is missing multiple milestones consistently, it's a good idea to consult a speech language pathologist.

Let's walk through your child's unique milestones, challenges, and next steps — with care, clarity, and rush.

Book a gentle 1:1 consultation with **Soulnest**

Schedule your session today at www.connectatsoulnest.in
your questions are welcome, and your worries are safe here.